OUR MISSION IS TO DEVELOP LEADERSHIP SKILLS THROUGH YOUTH-LED SERVICE PROJECTS THAT UPLIFT UNDERSERVED CHILDREN IN THE LOCAL AREA

WWW.KIDSHELPINGKIDSCT.ORG
Dear KHK Families and Friends,

I am proud to share our 2019 KHK Annual Report, which was written to capture the essence of who we are, recognize our generous donors, and express my heartfelt gratitude and appreciation for all that our youth have accomplished.

When we first started KHK in 2009, we were inspired by the incredible support Lexi received after her accident and surgery. She had been through a traumatic experience and the community rallied around her. It was all the acts of kindness that Lexi received from her friends and classmates that inspired us to create a platform where kids could recognize their innate ability to make a difference in someone’s life. Now, eleven years later, I am so proud of how far we have come. As you turn the pages of this report, I hope you see what I see- a beautiful recounting of the work we have accomplished in the community and all the people who have supported us along the way.

After eleven years of developing leadership skills through youth-led service projects, I am looking forward to the next decade of Kids Helping Kids and its growth. As of January 1, 2021, Jennifer Bentley, the current KHK Program Director, will be assuming the role of Executive Director. In her four years as Program Director, Jen has tripled the number of service projects, developed the Youth Advisory Council, initiated a junior board, and has added valuable insight and direction to our programming. Hannah Paddock, who worked with KHK on several service projects, officially joined KHK in February 2020. She will assume Jen’s role of Program Director. I will be joining the Board of Directors and will remain involved with this amazing team of dedicated people. Lexi will also remain passionately involved and currently sits on the Junior Board of KHK.

We could not have made it this far without the help of our board members, volunteers, parents, and community partners. There are not enough words to express how thankful I am for your encouragement, guidance and financial support. You have all been instrumental in carrying on Lexi’s vision for KHK and for that, I am very appreciative.

With gratitude,

Jennifer Kelley

Jennifer Kelley
OUR STORY

Our mission is to develop leadership skills through youth-led service projects that uplift children in the local area. We empower students to have a proactive attitude toward change by taking their passion and turning it into action to benefit low-income children in the community. Every project is inspired, managed, and led by youth. This unique approach shows students the power they have to make an impact in the world and in the lives of others.

KHK IS GUIDED BY THE FOLLOWING MODEL:

YOUTH-LED: Adults provide support, but youth are accountable for and genuinely committed to the project’s success.

PASSION INTO ACTION: Youth explore issues they care about and turn that spark into a purposeful project that supports the community.

PLAN, IMPLEMENT and REFLECT: By coaching youth through the stages of project development, KHK helps them to develop 21st Century skills in communication, relationships and collaboration, critical thinking and decision making, and initiative and self-direction.

PARTNERSHIPS: We partner with other reputable and local nonprofit organizations addressing the needs of children.

Over 5,000 kids from 139 local schools have been involved with KHK because KHK gives students a voice, the tools, the belief in themselves and a path to make a difference. Our vision is to help meet needs in our community while expanding our volunteers’ learning and involvement around social issues they care about. By developing leadership and social responsibility in our youth, we instill critical knowledge, communication skills and empathy needed to enable the next generation to flourish. As KHK grows, we hope to expand our reach, helping all kids realize their full potential as leaders and change-makers.
PROGRAMMING

Our headquarters is now at the Stamford Boys and Girls Club where we have been providing service for over 9 years. We are bringing our KHK model to the youth there to further develop future leaders.

Cornerstone Projects

Gift of Giving: Our volunteers work year round to collect thousands of toys and gifts to stock the pop up store at KHK’s Annual Gift of Giving. This project allows underserved children in our community to shop for gifts that they would like to give to others. There is just something special about getting and giving gifts around the holidays and we want every child to experience that magic! Served over 3,950 youth shoppers since 2013. https://youtu.be/r3ud8DEy4W8

Handled with Care Dress Boutique: Our youth plan a special opportunity for young women to shop for special occasion dresses, complete with makeup, accessories and a photo shoot. Served 2,572 girls and women since 2012. https://youtu.be/kD97LS4CqU

Launching Libraries: Launching Libraries seeks to tackle literacy inequality among low-income students in Stamford by providing donated books and literacy resources for elementary aged students to bring home for the summer. The Launching Libraries project has been running continuously since 2011 and our volunteers at KHK have collected and placed over 102,000 books. https://youtu.be/gpOAgqEK7Q

Pumpkin Bread Bake: Our annual Pumpkin Bread Bake Sale is a favorite project of many of our youth volunteers! It is a great opportunity for kids to work hands on in a fun and delicious way that also supports Kids Helping Kids. Over 500 loaves were donated to families in need in 2019 and sale proceeds went directly to helping Kids Helping Kids grow in 2020! https://youtu.be/0P6GhWh1KfE

Birthday Bash: We hold quarterly birthday parties at Inspirica to allow the children living there to feel celebrated and special. Served over 1,400 kids since 2009. https://youtu.be/L5J0VcNQo-4

Spark a Project

In addition to our annual cornerstone projects, our youth lead over 100 projects that are based on their own interests and ideas. We invite youth to bring their ideas to a Spark a Project meeting at our KHK Office at 347 Stillwater Avenue, Stamford CT or to a mentoring call with our staff. Our goal is to help put ideas into action by coaching the project leader on project planning and management skills, including how to lead/inspire other volunteers to support his/her project!

- 453 Projects delivered
- 32,458 Hours of service
- Youth from 141 schools
  - Served 65,323 kids

ALL FOR A COMMON CAUSE
**IMPACT IS TWO FOLD**

Kids Helping Kids impacts the community youth that attend these programs AND impacts the volunteers who design and run them. It is a win-win model.

"Kids Helping Kids is a powerful organization to work with. It is so important for today's youth to give back to the community. The youth-led activities have brought different opportunities to the kids from the Boys & Girls Club by providing services and activities that they would never have an opportunity to get - it truly benefits kids in need in a huge way. What I love about KHK is that the older leaders are developing strong relationships with our younger youth." Maribel Sandalo, Unit Director at Boys & Girls Club

Tommy Alvarez, KHK Alumni, "I have gained invaluable leadership skills like accountability, public speaking and having the confidence to take action. Not only do I enjoy helping others, but I also enjoy working with other kids my age who feel passionate about it as well. I was part of a committee to lead our ambassador meeting and this role allowed me to step up and lead break out groups in focused, purposeful discussions."

"Kids Helping Kids has made a significant impact on the residents of Inspirica. KHK projects alleviate the level of stress by providing a happy healthy outlet for youthful energy with birthday parties, and other projects that create a caring relationship with our kids living in transitional housing." Curtis Troeger, Director of Children Service at Inspirica

Biweni Eusebio, KHK YAC member, "When I first joined Kids Helping Kids in 6th grade, I was very shy and hesitant to do simple things such as raising my hand to answer a question in class. Even though I had many dreams and aspirations for myself, I always let my fears bring down my confidence and motivation. Now that I am a junior in high school and have been a part of Kids Helping Kids for 6 years, I am always the first person to raise my hand. KHK has taught me that life is about progress, not failure, so it is important to speak out and motivate yourself to reach your goals no matter how afraid you might be. It has taught me that anyone can be a leader once you initiate yourself, and I am so grateful to have learned such a vital lesson for success and leadership at such a young age through Kids Helping Kids."

We value feedback and reflection as part of our growth. Every Spring, KHK conducts a survey of our volunteers to determine the impact of students' overall involvement with KHK. As of 2019, we started using the Survey of Academic and Youth Outcomes, a field-tested researched-based tool to collect data on how our youth-led program is delivering as far as experience and 21st Century Skills development. In our most recent 2019 volunteer survey 100% of survey respondents agreed that Kids Helping Kids has helped them to discover their strengths, find something they like to do, strengthen their self-esteem, and do things that help people in their community.

Watch this 60 second video to hear about the two fold benefit: https://youtu.be/f9UMaVCz1s
21ST CENTURY LEADERSHIP SKILLS

Our volunteers develop valuable skills, an increased sense of social responsibility and connectedness. Kids who attend our youth-led projects benefit from exposure and involvement in enriching subject areas in the arts, STEM, athletics, and other educational areas.

**Communication**
- sharing or expressing yourself/your ideas
- listening
- speaking in front of a group
- recognizing and responding to the body language of others

**Critical Thinking & Decision-Making**
- problem solving
- creativity
- evaluating
- reflecting and making needed changes

**Relationships & Collaboration**
- teamwork
- flexibility
- empathy
- patience
- cultural awareness/sensitivity
- working with others who have different views

**Initiative & Self-Direction**
- setting and working toward goals
- accountability
- confidence to take action
- guiding and leading others

We align our skills focus with recommendations from CASEL and the Forum for Youth Investment. We mentor our volunteers through each step of the KHK project planning process:

**Ideation**
- Identify passions
- Clarify community needs

**Shaping**
- Review with Executive leadership
- Lead Ambassadors
- Volunteers
- Executive Director

**Development**
- Create plan
- Secure resources
- Development
- Advertise event

**Execution**
- Deliver project at agreed upon time

**Reflection**
- Youth writes learnings and project post-mortem
**PARTNERSHIP INFORMATION**

**Boys & Girls Club of Stamford, KHK Headquarters**, is located in census tract 214 on Stamford’s Westside, where over 70% of the community is categorized as low income. 42% of their youth are African American, 50% Hispanic, 4% Caucasian, 2% multi-racial and 2% from other races. Approximately 58% of the members are male and 42% are female. Source: [https://www.bgcastamford.org/donor-bill-of-rights](https://www.bgcastamford.org/donor-bill-of-rights)

**SOME OF OUR COMMUNITY PARTNERSHIPS:**

**Inspirica** - one of the largest providers of services to the homeless in Connecticut.

**Boys and Girls Club** - provides after school programs for low-income kids.

**Filling in the Blanks** - fights childhood hunger by providing weekend meals

**Clothes to Kids of Fairfield County** - provides new and quality used clothing to low-income or in-crisis school age children in Fairfield County

**New Covenant Center** - local soup kitchen serving approximately 3,300 unduplicated men, women and children

**Stamford Family YMCA** - programs support children to learn how to be their best selves, that makes for confident kids today, and contributing and engaged adults tomorrow

**Carver Center, Norwalk** - Norwalk’s largest provider of after school programs for middle and high school students, and the largest provider of summer programs serving K through 9th grade students

**Operation Hope, Fairfield** - Operation Hope’s Food Pantry provides over 123,000 meals a year to neighbors in need. Each month they provide food to more than 200 families, including 100 children.

**New Neighborhoods** - a catalyst for empowering residents and homeowners to move up the economic ladder and participate more fully in the community
REVENUE SOURCES

Kids Helping Kids regularly partners with private donors and foundations enriching the activities of our youth project leaders. We are entirely dependent on donations and grants to fund our projects. If you are interested in helping youth have a strong voice in the world and the power they have in making a difference in their communities, then Kids Helping Kids is the organization for you.

To learn more about why KHK is a solid investment in the future watch a 90 second video, https://kidshelpingkidsct.org/get-involved/donors-corporate-sponsors/
KHK'S GROWTH

An Update from KHK Co-Founder, Lexi Kelley

After high school, Lexi attended Lafayette College for her undergraduate degree. She pursued an International Affairs Major with a Minor in Chinese at Lafayette and enjoyed getting to take classes in a variety of different departments through the liberal arts focus. While at college, Lexi studied abroad in Shanghai, China for six months, which fueled her passion for travel even more. Lexi also spent time working in the College Writing Program as a Writing Associate, in the International and Off-Campus Study Abroad office, playing Women’s Ice Hockey, and volunteering in the local Easton community via her service fraternity, Alpha Phi Omega.

Lexi moved to Boston, MA after graduation and now works at Education First, in Cambridge. She followed her dreams of empowering more children and her love of travel and is able to help students to learn more about themselves, learn more about the world, and more about themselves in the world around them through international education. She works with teachers in Southern Mississippi to plan international travel programs for their students. She still holds the KHK mission close to heart as she works to change more students’ lives for the better and help to make these once-in-a-lifetime experiences open to as many students as possible.

She is excited to see where the future takes her and feels so lucky to have been able to see KHK grow over the past ten years.

Junior Board

In the spring of 2020, KHK established its very first junior board. The Junior Board was formed in order to reach a young population of community members to engage them in the Board development process and to support the fundraising and advocacy efforts of KHK. Each member brings creative, thought provoking ideas. In addition to promoting awareness for KHK, they are excited to work with KHK ambassadors to develop their leadership skills and help them navigate their professional career. We are so glad to have a team of six individuals who are committed to the success of Kids Helping Kids.
10th Anniversary Celebration

Oh, what a night! KHK is so grateful for the outpouring of support at our 10th Anniversary Celebration on September 19th. We are so incredibly proud to have reached such a significant milestone. At the event, we welcomed 200 friends, community partners, donors, board members and volunteer families. Gathered together in the ballroom of the Italian Center of Stamford, we heard from our founders, Ambassador Graduate and Junior Board member, Allison Frattaroli and our community partners. Michael Cotela, former executive director of the Boys & Girls Club also shared a very special announcement. He announced the exciting news that KHK would relocate their office to the Stamford Boys and Girls Club. We are thrilled to have this opportunity to develop leadership skills and service projects with the BGC members. Come visit us in our new home!
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<td>Eusebio, Biyeni</td>
<td>Prime Restaurant</td>
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<td>Eusebio, Omoleye</td>
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<td>Fairfield Cheese</td>
<td>Rocha, Marie</td>
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<td>Foxwoods Casino</td>
<td>SanFilippo, Maryann</td>
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<td>Frank Pepe's Pizza</td>
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<td>Garden Catering</td>
<td>Scheine, Meredith</td>
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<td>ShopRite Grade A</td>
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<td>Grande, Joey</td>
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<td>Greenwich Wine and Food Fest</td>
<td>Stamford Downtown</td>
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<td>Griper, Beth</td>
<td>Stamford Museum &amp; Nature Center</td>
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<td>Guzda, Maria</td>
<td>Stamford Police Foundation</td>
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<td>Half Full Brewery</td>
<td>Stamford Symphony</td>
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<td>HAYVN</td>
<td>Stella, Emilia</td>
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